What I Claim Is:

1. A method of synchronizing audio and video recordings comprising:

inserting real time data elements into audio and video recordings during recording

procedures;

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analyzing said real time data elements of said audio and video recordings during

reproduction;

comparing said real time data elements of said audio and video recordings; and,

synchronously reproducing said audio and video recordings as a function of said

real time data elements; wherein said real time data elements comprise real time components

comprising information pertaining to location and time of a recording.

- 2. The method as recited in Claim 1 wherein said information pertaining to time of a recording comprises year, month, date, hour, minute, second, and millisecond units.
- The method as recited in Claim 1 wherein said information pertaining to location of a recording comprises a country code.
 - 4. The method as recited in Claim 1 wherein said real time data elements comprise an extension portion modifiable by an operator.

5. The method as recited in Claim 1 wherein the synchronization of said audio and video recordings is independent with respect to location of said recording.

6.	The method as recited in Claim 1 wherein the synchronization of said audio and video
recordi	ings is independent with respect to recording device.
7.	The method as recited in Claim 1 wherein the synchronization of said audio and video
recordings is independent with respect to recording medium.	
8.	The method as recited in Claim 6 wherein said recording device comprises a magnetic
tape.	
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9.	The method as recited in Claim 6 wherein said recording device comprises a magnetic
disk.	
10.	The method as recited in Claim 6 wherein said recording device comprises an optical
disk.	
11.	The method as recited in Claim 6 wherein said recording device comprises a film tape.
12.	The method as recited in Claim 6 wherein said recording device comprises a memory
chip.	